



## Emergency First Aid at Work

The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and personnel to ensure their employees receive immediate attention if they are injured or taken ill at work.

### The course

Highfield's First Aid at Work e-learning course gives learners the opportunity to undertake online first-aid training and go on to achieve the level 3 award in first aid at work (RQF) or first aid at work at SCQF level 6.

This e-learning course can replace 1 day of the 3-day first aid at work (RQF) course or first aid at work at SCQF level 6 course that are run through recognised Highfield Qualifications centres. This e-learning also covers other practical areas of the course, such as CPR, so is great for reinforcing competency and refresher training.

### Areas covered

- Understanding the role and responsibilities of a first-aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a choking casualty
- Managing a casualty – external bleeding and shock
- Managing a casualty – minor injury
- Conducting a secondary survey
- Administering first aid to a casualty with injuries to their bones
- Administering first aid to a casualty with head and spinal injuries
- Administering first aid to a casualty with suspected chest injuries
- Administering first aid to a casualty with burns or eye injuries
- Administering first aid to a casualty with sudden poisoning or anaphylaxis
- Administering first aid to a casualty with a major illness

### Who is it aimed at?

The course is ideal for any employee or manager who wishes to become a first-aider in the workplace. No prior knowledge needed.

### Typical Duration

4 - 5 hours

### Certification

Learners will receive a Highfield e-learning completion certificate, which is downloadable upon successfully finishing the course.

### Accreditation

This e-learning course is a Highfield Qualifications accredited programme.

### Video link

<https://youtu.be/gZdmxK5e6ug>