



MENTAL HEALTH AWARENESS

This course explains the difference between mental health and mental illness. It covers the symptoms of a number of the most common mental illnesses so you will know what to look out for or what to expect if you are working with someone with one of these conditions. As well as providing some practical advice on how you can work effectively with those affected by these conditions.

Suitable for all industries.

Instant PDF Certificate of Completion upon successfully passing the online training course

- **CPD Accredited**
- **Complete in around 25 minutes**
- **Learn at your own pace with 24/7 access**

Content note: Please be aware that this course contains material which some users may find upsetting, including statistics regarding the prevalence of suicide in the UK construction industry